

C. G. JUNG INSTITUTE OF LOS ANGELES

10349 West Pico Blvd. Los Angeles, CA 90064
Phone: 310.556.1193 • Fax: 310.556.2290 • office@junginla.org • www.junginla.org

Dear Applicant:

Thank you very much for your interest in the Kieffer Frantz Clinic at the C. G. Jung Institute of Los Angeles. This letter is to provide information about the Clinic and to acquaint you with the application procedure for placement in the Clinic.

The Clinic offers Jungian therapy and analysis at a reduced fee to qualified individuals who cannot afford the cost of private fees. Applicants accepted into the Clinic will be expected to make a commitment to weekly therapy sessions. Clinic fees range between \$35 and \$65 per session and the fee is determined by monthly income. The Clinic will not accept private insurance, MediCal or Medicare as sole payment for sessions.

Since there are a limited number of places in the Clinic, applicants are screened to select those who would most benefit from services offered by the Clinic.

The first step in applying to the Clinic is to complete and return the enclosed application along with the standard release of information form. Please be explicit and concise as to why you wish to be considered for placement in the Clinic. You will be contacted by phone or mail within three weeks of receipt of your completed application.

If you are accepted into the Clinic, waiting time for assignment to a therapist varies from immediately to six months.

Sincerely,

Steven J. Frank, Ph.D.
Director
Kieffer Frantz Clinic

4/04

APPLICATION

Name		Male	Female	Date
		<input type="checkbox"/>	<input type="checkbox"/>	
Address		City		Zip
Home Phone			Referred By	
Work Phone			Work Hours	
Age	Date of Birth	Birthplace		
Occupation				
Education				
Marital status, children, living situation				
Gross monthly income before taxes (Self)			Gross monthly income before taxes (Spouse)	
Savings			Health insurance coverage for psychotherapy	
Previous psychotherapy				

State why you are applying to the Clinic at this time. Please include any information which may be helpful in evaluating your application. All information will be kept confidential. (Use reverse side for additional space.) Sign enclosed release form.

Please return completed application and release form to C. G. Jung Institute, 10349 W. Pico Blvd., Los Angeles, CA 90064. Mark envelope Confidential: Clinic Director.



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Kieffer E. Frantz Clinic: Authorization for Treatment and Release of Information

I hereby apply for psychological treatment at the Kieffer E. Frantz Clinic of the C.G. Jung Institute of Los Angeles. I authorize the Clinic Director to release information as necessary when assigning me to a clinic therapist. I understand that the Clinic, as part of the Jung Institute, is involved in training, and that my assigned therapist will be in the intern program or in the analyst training program. Clinic therapists come from a variety of mental health disciplines which includes psychology; marriage, family, child counseling; social work; and psychiatry. I understand that my therapist is under the direct supervision of an analyst and that my case may be discussed within the context of supervision.

Clinic policy is to charge for any session not cancelled at least 48 hours before scheduled appointment. I understand this policy and will be responsible for payment of any session not cancelled with 48 hours notice. The clinic does not refund fees for services rendered. If for any reason a Clinic patient has pre-paid for future sessions or has otherwise overpaid, the amount overpaid will be refunded within then (10) days of request by the patient.

Confidentiality between patient and therapist in is very important in a therapeutic relationship. Even in the context of supervision, as mentioned above, names and privacy shall be carefully protected. However, there are specific circumstances mandated by California law where confidentiality between patient and therapist may or must be broken. These situations involve child abuse, elder abuse, spousal abuse, threat of harm to oneself or to another person. Your therapist is well-informed of the mandated reporting laws. Please feel free to discuss any concerns you may have about situations where there may be limits to confidentiality.

(signature)

(date)

FREQUENTLY ASKED QUESTIONS

The following are answers to frequently asked questions concerning Jungian analysis:

What is Jungian analysis?

Jungian analysis is a psychotherapeutic process which utilizes theories and methods developed by the Swiss psychiatrist, Dr. Carl G. Jung. Jungian analysis or psychotherapy investigates the conscious and unconscious psyche in order to help remove or mitigate troubling symptoms or blocks to a healthy and fulfilling life. Jung believed that the origin of most symptoms or blocks lies in the unconscious, therefore, an attempt to access what the “unconscious has to say” through dreams, associations, and fantasies is an important aspect of this kind of psychotherapy. Attention to conscious thoughts and feelings and to the everyday aspects of one’s life are also important areas of focus. Jung did not promote rigid techniques; he believed the process of psychological development to be unique to each individual. Therefore, a Jungian analysis will vary considerably according to the needs of each client.

How is Jungian analysis different from Freudian analysis?

The differences between Jungian and Freudian analysis are complex and have changed over time. Within both the Freudian and Jungian schools there is a wide range of differences. However, the following generalizations remain valid:

- Freudian analysts tend to look for the cause of one’s present difficulties in childhood, past experiences, and in the personal unconscious. Jungian analysts also examine the personal past. In addition, they look for meaning hidden in current problems as help in finding direction for one’s ongoing life and to connect with the larger meaning of life. Jungian analysts investigate both the personal and the collective (mythological) unconscious.
- Freudian analysts put more emphasis on psychotherapeutic technique. Jungian analysts put more emphasis on the therapeutic relationship.
- The Freudian analyst is more of a “blank screen.” The Jungian analyst is more active in the therapeutic dialogue.
- More than a Freudian analyst, a Jungian analyst will look to the unconscious (fantasies and dreams) as a guide in the overall process.
- Jungian analysts work with archetypal imagery and look to dreams and patterns of one’s life through mythological parallels.
- Freudian analysis is more of a treatment that is administered by analyst to client whereas Jungian analysis is viewed as a collaborative process.

For further information about C. G. Jung and Jungian analysis, please visit our bookstore and library located at the Jung Institute of Los Angeles. The library and bookstore staff are always happy to recommend appropriate and helpful reading material.

The following are answers to frequently asked questions concerning the Kieffer E. Frantz Clinic at the Jung Institute:

Who will be my therapist? Will I see an analyst or trainee?

The clinic staff consists of analysts (licensed therapists who have completed an analyst training program at an internationally recognized Jungian training program), trainees (licensed therapists who are currently in the training program at the Los Angeles Jung Institute), and interns (unlicensed therapists who are in the internship program at the Los Angeles Institute). In general, the analysts supervise the trainees and interns. On occasion, an analyst is available to see a clinic patient. However, nearly all clinic patients are seen by trainees and interns. All trainees and interns have been carefully screened and selected by our admissions committees. They are mature individuals each with a significant experience of their own Jungian analysis. You will be assigned to a staff therapist based on what is determined as "best fit." This means that the match between you and your therapist is one which will best promote an effective psychotherapeutic process.

Does the Clinic prescribe psychotropic medications such as Prozac?

No, we are not licensed to prescribe medications. If it is deemed that an evaluation for medications is indicated, you will be referred to private or community resources. We have a list of such referrals.

Will the Clinic accept me if I am on psychotropic medication?

If you are on a stable medication schedule and your medications are supervised by a physician on a regular basis, you may be accepted into the Clinic. We request a signed release so that your therapist may have contact with your physician, if necessary. Please indicate on your application if you are currently on medications and what they are.

How many times per week will I be seen?

For Jungian analysis to be effective you must commit to regular sessions at least once per week. Twice or more per week attendance may be available depending upon the schedule of your therapist. Vacations or illness can be accommodated with appropriate notification.

Do you accept private insurance? Are any of your therapists on my HMO approved list? Do you take Medi-care or Medi-Cal?

The Kieffer E. Frantz Clinic does not handle any insurance. If you wish to see a Jungian analyst or trainee with insurance of any kind, then we will help you find a private referral. We have such lists, and many will consider fee arrangements to suit your special needs.

How long will it take for Jungian analysis to help me?

The Jungian psychotherapeutic approach is one which attempts to investigate the deeper roots of a psychological problem and to help an individual find his or her "individual" path in life. This process takes time; it is not a quick fix. It is generally recommended to consider a minimum of one year of consistent work. Of course, you may terminate therapy any time you feel it is not worthwhile or helpful. We recognize that Jungian analysis is not appropriate for everyone.

How long would it take for me to be assigned a therapist at your Clinic?

Processing time usually takes 2 to 4 weeks. Depending upon your individual needs, it can take longer to find the right therapist match for you. You may not receive an initial response to your application for 2-3 weeks. If you are in crisis and need to see someone immediately, we can refer

you to Clinics in the community which can accept you immediately. Our Clinic is not set up to handle emergencies or crises. If you are seriously interested in a placement at our Clinic, be patient! You may call the Institute and leave a message if you wish to know the status of your application.

What are the Clinic fees and how are they decided?

Clinic fees range for \$35 to \$65 per session and are determined by monthly income at the time of initial contact with the Clinic Director.

How do I apply to the Clinic?

Call the Institute and ask for a Clinic application. Complete the instructions on the application and return it to the Institute.
